

Wellness Partnership

The Alaska Club agrees to assist Coho Family Medicine by providing the following wellness package to their employees (Employees, team members, etc.)					Start Date: 12/8/16 Renewal Date: 12/7/17	
🗴 Onsite	<u> </u>	Open Ho	use		Fitness Party	
Thur, Dec. 8	_ 1st Qtr	Last two weekends of De	ec. 2016 1st Qtr		1st Qt	
·	2nd Qtr		2nd Qtr		2nd Q	
	_3rd Qtr	Last two weekends of Se	ard Qtr		3rd Qt	
	4th Qtr		4th Qtr		4th Qt	
Fitness Cha	allenge 🔲	Fitness S	Seminar		Wellness Fair	
	_ 1st Qtr		1st Qtr		Date	
Jan 1-March 31st	2nd Qtr		2nd Qtr		Date	
· 	_3rd Qtr	· · · · · · · · · · · · · · · · · · ·	3rd Qtr		Date	
Oct 1-Dec. 30th	_ 4th Qtr		4th Qtr		Date	
	Club agrees to offer the mily Medicine		mbership benefits _ available during (
Benefits to Employees: Zero enrollment			Coho Family Me	edicine		
First Month of Members			agrage to promo	to ovente i	n the following manner	
Two Months of Members	· · · · · · · · · · · · · · · · · · ·				n the following manner:	
\$20/\$30 Fitness Consultation Required			☐ Promote via organization website, intranet or newsletter ☐ Posters to announce onsite date(s)			
	nsites or open house periods o	nly.			oproved and provided by	





Wellness Partnership

he Alaska Club agrees to assist Coh	Start Date: 12/8/16			
y providing the following wellness pa	Renewal Date: 12/7/17			
V	Vellness	Calendar		
2 Onsite	Open H	,	☐ Fitness Party	
Thur. Dec-8 1st Qtr	Last two weekends	of Dec. 2016 1st Qtr	1st Qt	
2nd Qtr		2nd Qtr	2nd Q	
3rd Qtr	Last two weekends	of Sept 2017 3rd Qtr	3rd Q	
4th Qtr		4th Qtr	4th Qt	
Fitness Challenge	☐ Fitness	Seminar	☐ Wellness Fair	
1st Qtr		1st Qtr	Date	
Jan 1-March 31st 2nd Qtr		2nd Qtr	Date	
3rd Qtr		3rd Qtr	Date	
Oct 1-Dec. 30th 4th Qtr		4th Qtr	Date	
The Alecka Chub agrees to	offer the following	en avala avahin la anafita	to cook employee	
The Alaska Club agrees to Coho Family Medicine		•	each wellness activity.	
Cond Farmly Modifien		available uuning	each weiliness activity.	
Benefits to Employees: Zero enrollment		Coho Family Medicine		
First Month of Membership Dues Free		4		
Two Months of Membership Plus Free		1 " '	te events in the following manner:	
\$20/\$30 Fitness Consultation Required	· .	☐ Promote via organization website, intranet or newsletter ☐ Posters to announce onsite date(s)		
Available during events, onsites or open hous	8	1	nce onsite date(s) erials to be approved and provided by	

THE ALASKA CLUB Corporate Agreement

Subsidizing or partially subsidizing the cost of a The Alaska Club membership	
choose to, covering some or all of the cost of your <u>employee</u> 's The Alas	the state of the s
significant impact on their energy, health and their focus. Organizations that st	
agree to give The Alaska Club Member Accounting (337-9550 ext. 1124) sixty-day	y prior notice to discontinuing the subsidy
of membership dues for its <u>employees</u> in general.	
Coho Family Medicine will notify The Alaska Club if anyone for whom it	pays a subsidy is no longer
employed there and shall be responsible for the dues subsidy of terminated employed there are shall be responsible for the dues subsidy of terminated	•
notification. All employees are individually responsible for cancelling the	eir membership commitment.
Coho Family Medicine subsidizes/reimburses their employee	s membership(s) at the amount of
Gold ind/fam per individual membership.	
Organization Name: Coho Family Medicine	
Address: 5050 E Dunbar Dr Ste D, Wasilla 99654	
Contact Name: Heather Parker	
Phone Number: 907-982-8178	Email: cnatparker@yahoo.com
Billing Contact (if applicable):	·
Phone Number: 907-982-8178 Fax Number: 907-746-	557 Email: Onatrarker 6
Organization Signature: Solked Pake	Vahoo Com
Printed Name: Heather F. Parker	<u> </u>
Title: Office Manager	
	l Lundale
The Alaska Club Wellness Partnership Representative Name: Taleer	
Phone Number: 907-330-0181 Fax Number:	Email: tlundale@thealaskaclub.com
The Alaska Club Signature: Julea mohundale	Date: <u>/2/8//</u>
Printed Name: Taleen Lundale	<u></u>
Title: Corporate Wellness Coordinator	
Comment	